Astro News

Druyun lauds reform efforts

Peggy Hodge Public Affairs

The Air Force has been very actively engaged in acquisition and logistics reform since the mid-90s and has been able to save approximately \$30 billion, said Mrs. Darlene Druyun, Principal Deputy Assistant Secretary of the Air Force for Acquisition and Management, during a visit here May 22-26.

Druyun, the VIP speaker for Acquisition and Logistics Reform Week, emphasized how well the Air Force as a whole is doing with acquisition reform.

"The Army tasked a contractor to review and determine which service was doing the best in the area of acquisition reform. And certainly not to my surprise the service that came out number one in their rating was the United States Air Force," said Druyun.

"Acquisition reform is taking new processes, new procedures and using cost as an independent variable to work through equations to come out with the best value for the contractor," said Druyun.

"I see good examples of these new processes at work here," she said. "We have great examples throughout the Air Force in our effort to be more efficient, more effective and better, faster and cheaper overall."

Druyun is well known for her "Lightning Bolts" initiatives. "When we started the 'Lightning Bolts' back in May of 1995, the purpose of setting them in motion was to get focused and energized, and get the creative talents of our acquisition warriors focused on making a difference in how we acquire things and how we support weapon systems," said Druyun.

These initiatives have benefited the space systems acquisition process.

"The greatest number of new starts is in the area of space systems," said Druyun. "The Space and Missile Systems Center is at the top of the pinnacle in terms of leading the charge. You are a leader in taking these new techniques and processes and really partnering and working with industry to turn cost as an independent variable into reality."

"The challenges we see today will continue to be the challenges we see in the future," said Druyun. "As we move in the direction of more insight as opposed to oversight, we must refocus ourselves and begin to look at contractor processes.

"Over the next five years, we're going to lose some of our very senior-level people as they retire. This will require really understanding what is critical as we develop our new weapon systems and focus our insight and oversight efforts on those critical areas and really work with contractors in true partnership to bring our strengths and their strengths to deliver these products to the warfighter."

Secretary visits Los Angeles...



Photo by Staff Sgt. Bill Gome

Mrs. Patty Wilson and Brig. Gen. William Wilson, Space and Missile Systems Center vice commander, welcome Secretary of Defense William Cohen to the South Bay, home of Los Angeles Air Force Base May 20. Speaking at the Torrance Cultural Center, Secretary Cohen gave the luncheon address at this year's Torrance Armed Forces Day observance. Air Force units from SMC and the 61st Air Base Group participated with informational booths highlighting the Air Force mission during the three day Torrance observance.

SecDef Cohen headlines Torrance's 41st Armed Forces Day observance

Ronea Alger Public Affairs

Los Angeles Air Force Base members participated in the 41st Torrance Armed Forces Day Observance, May 19-21.

As part of the event, Secretary of Defense William S. Cohen spoke at a luncheon to thank the City of Torrance for their dedication to the armed forces.

"For 41 years, the people of Torrance have stood with our men and women in uniform, never wavering, never waiting for popular opinion to catch up and never disappointing those who were wearing the uniform," said Cohen.

"So I wanted to come here today to salute you for your patriotism and to say that we are truly grateful for all that you do and all that you represent and all that you give. Thank you very much."

Military exhibits from all branches of services were located at the Del Amo Fashion Center in Torrance.

The base along with the 369th Air Force Recruiting Squadron had eight exhibits on display inside the mall and one display outside.

Highlighted programs included Space Based Infrared System, Launch Programs, Defense Meteorological Satellite Program, Global Positioning Systems, MIL SATCOM, History, and Space Based Laser.

The parade included more than 70 entries and recognized the U.S. Coast Guard as this year's honored service. Brig. Gen. William Wilson, SMC vice commander, and Mrs. Patty Wilson joined the U.S. Coast Guard Grand Marshal, Rear Admiral David Belz, as one of several dignitaries in the parade.

The Department of Defense selected Torrance as one of eight regional DoD sites for Armed Forces Observance activities.

40-year partnership enhances SMC capabilities

Lt. Gen. Eugene Tattini SMC Commander

On behalf of Space and Missile Systems Center, I wish to congratulate The Aerospace Corporation on your 40th Anniversary. For four decades, the partnership between SMC and Aerospace has demonstrated how well two diverse organizations can work together in the pursuit of a common goal.

Many great things can be said regarding your influence in shaping the nation's dynamic space infrastructure. As the world's leader in the application of space technology, Aerospace's strong partnership with us in the areas of launch programs, communications satellites, and ground control systems, among others, has greatly enhanced our ability to exploit the full potential of space and space technologies.

The accepted wisdom within the Department of Defense and certainly within the Air Force is that space will play an increasingly vital role in future military op-

This partnership has produced some very specific results for the warfighter. For example, the Defense Meteorological Satellite Program continues to provide timely worldwide data to both military and civilian users. During the recent Balkans conflict, the military relied heavily on the DMSP satellite data and Air Force Weather Agency small-area forecasts. Under intense time constraints, The Aerospace Corporation developed and made available in 60 days an enhanced prototype system capable of providing accurate and detailed weather information previously unavailable—a valuable asset to our troops.

As we transition to accepting greater responsibility in enforcing the vision that SMC is the "technical conscience" behind all space development and acquisition efforts for DoD, our relationship with the Aerospace Corporation will only become more important. Without the extensive technical foundation you provide our program offices, our goal to be the "center of technical excellence" for DoD space programs would be hollow.

Indeed, The Aerospace Corporation is such an integral part of SMC's day-to-day and long-range operations that we cannot envision the Air Force's space program without your input.

Again, congratulation on the success of your organization and thank you for your professionalism and dedication to our nation's space pursuits.

Astro News deadlines

Publication dates	Submission dates
June 16	June 8
June 30	June 22
July 14	July 6
July 28	July 20
August 11	August 3
August 25	August 17
September 8	August 31

Action Line 363-2255

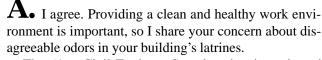
The Action Line is your link to Col. David E. Price, 61st Air Base Group commander.

If you have a problem, first contact your supervisor, first sergeant or commander. If you are not able to resolve a problem, call the Action

Your call will be recorded and if

you leave your name and phone number, you will recieve

Q. There is a problem with the latrines in Building 120. This problem has been with us since the latrines were remodeled a number of years ago. I have asked the building manager about this several times and informed the civil engineering office over a year ago, but no action has yet to be taken. I add six gallons of water to the three drains every several days to make the smell go away. These bathrooms are not exactly conducive to good health. Is there any fix in the near future?



The 61st Civil Engineer Squadron has investigated the problem and designed a project to fix it. In fact, the project includes repairs to drains in all of the buildings in Area A. The project will replace sink and toilet traps to prevent noxious odors from escaping into the latrines.

In addition, civil engineer maintenance crews are in the process of inspecting and repairing bathroom exhaust fans throughout Area A.

I truly wish we could fix every problem soonest, but money limitation sometimes force's us to delay projects we all agree need to be done. For example, at the beginning of this fiscal year, AFMC cut \$1.1M from our maintenance budget, and since then, CE has had to cover more than \$300K in emergency projects (earthquake damage, broken sewer pipes, etc).

The good news is your work request has finally reached the top of the base's long project queue, and repair of Area A drains is scheduled to begin this summer.

Base Exchange David Clore	640-0129
Base IG Dorothy Brown	363-0802
ChaplainLt. Col. Gary Garvey	363-1956
Civil Engineering Lt. Col. William Saunders	363-0287
Commissary Al Cherry	363-6140
Communications Sqd Lt. Col. Mark Hall	363-0798
Equal Employment Opportunity Program Office	
Leonard Gonzales	363-1565
Family Support Center Tom Sanders	363-5365
Fraud, Waste and Abuse Hotline	363-2020
Housing	363-8340
Logistics	363-0351
Medical Col. Mark Wisniewski	363-5005
Mission Support Lt. Col. Maureen Hurley	363-1230
Security Forces Maj. Larry Bartlett	363-0032
Services Gary Van Dusen	363-0430
Military Equal Opportunity Office	
Capt.Elizabeth Vallery	363-2806
TRICARE	363-0261
24-hour Crime Stop	363-2124
Legal Office Col. Scott Bagley	363-0916
Area Defense Counsel Capt. Art Kirkpatrick	363-6776

Astro News

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Editorial policy

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Deadline for article submissions is Thursday, noon, the week before publication. Articles should be sent via e-mail to the editor or sent on disk. The mailing address is SMC/PAI, 2420 Vela Way, Suite 1467, El Segundo, Calif. 90245-4659.

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Submit articles to:

SMC.PA.ASTRONEWS@ LOSANGELES.AF.MIL

Call 363-1221 for more information.

Got a good story? 'SMC Today', would love to hear it. To sub mit story ideas for 'SMC Today', call Terry Hagar at 363-2465. Got a good story? 'SMC Today', would love to hear it. To subAstro News June 2, 2000 **3**

Aerospace Corp. commemorates 40th Anniversary

E.C. "Pete" Aldridge, Jr. President and CEO The Aerospace Corporation

The unique and valuable relationship between the Air Force and The Aerospace Corporation has adapted to meet many challenges in the course of 40 years. It is a relationship of trust and dedication, and it has been a great privilege to be part of the team.

My tenure at Aerospace during the 1990s has been a challenging and turbulent time for Aerospace and for the entire national-security space community. When I was Secretary of the Air Force and director of the NRO in the 1980s, I could not have predicted the profound changes that were to affect our space programs in the decade to come.

We did some good things to prepare ourselves, though. I remember telling the secretary of defense in 1983 that the "shuttle only" policy was not in our long-term interest, and he agreed. Later I sat in the old executive building near the

White House with the NASA administrator and worked out the agreement that led to the Titan IV program and the transformation of the Titan II from an ICBM to a space launch vehicle.

After the Challenger accident in 1986,

which grounded the program for almost three years, we developed the Delta II program to launch GPS satellites and the Atlas II program to launch DSCS satellites. We also expanded Titan IV production. These programs have continued to serve us well, and they were programs

that Aerospace, SMC and the NRO were deeply involved.

When I came to Aerospace, it was once again a tumultuous time for the national-security space community. The

11:30 a.m.-12:30 p.m.

Noon-12:30 p.m.

12:20 p.m.-1 p.m.

1 p.m. to 1:40 p.m.

Soviet Union had collapsed, and the country wanted its peace "dividend." The dramatic reductions in spending that followed challenged all of us to do more with less.

At Aerospace, we had to rethink how

we could best contribute during these difficult times. This culminated in a proposal to become part of Science Applications International Corporation, SAIC, in 1996. The merger was ultimately rejected in favor of a renewed relationship with our SMC and NRO partners and

resulted in the reaffirmation of our mission for national-security space. It was the right decision. Throughout this period, we helped our partners field some of the most sophisticated space systems

ever flown, such as Milstar and a variety of NRO satellites, and began the efforts leading to the SBIRS program.

As we look forward to the future of space systems, we see exciting times and challenges ahead, including the EELV, Space-Based Laser, and Ballistic Missile Defense programs, a modernized GPS, and new communications

These new systems will make national-security space a global information network, making the benefits of space much more accessible, and will contribute to "an integrated air and space force." All of this will occur against the backdrop of a vigorous commercial space industry, a competitive international industry and a challenging national-security environ-

There are profoundly exciting times ahead. I believe the tumult of the 1990s has strengthened our partnership with our NRO and SMC friends and has prepared us well for the challenges of 2000 and beyond.

THE AEROSPACE CORPORATION

Aerospace 40th Anniversary: Something for everyone Board of Trustees Chair Dr.

Monday, June 5

11:30 a.m.-12:30 p.m. Music by AEA Dixieland

Band 11:45 a.m. Unveiling of new A1

lobby display

Tuesday, June 6

11:30 a.m.-12:30 p.m. Music by E-Ticket 11:30 a.m.-1 p.m.

Displays and demonstrations by AEA clubs and

affinity groups

Wednesday, June 7

11:15 a.m.-12:30 p.m.

11:30 a.m.-12:30 p.m.

Music by DJs to Go Dance, hula-hoop,

bubble-gum-blowing and '60s trivia contests

Thursday, June 8 10:30-11:30 a.m.

Colloquium on "GPS, National Policy and Current Thinking" by Aerospace Trustee Dr. Bradford Parkinson, A1-1062 Exhibits highlighting corporate programs and industry partners

Music by The Wave

Friday, June 9

Music by the 562nd Air Force **Band Brass Quintet** Awards ceremony featuring comments by Aerospace President Pete Aldridge,

1:40 p.m.-2:30 p.m.

Ruth Davis, and the first president of Aerospace, Dr. Ivan Getting. Special presentation honoring 40-year employees and past Trustees' Distinguished Achievement Award recipients Music by Permagrin

Every Day

11:30 a.m.-2:30 p.m.

Noontime matinee, "Meeting the Challenge of Change," every 15 minutes in A1-1062.

All events to be held in the Paulikas Mall at The Aerospace Corporation's campus unless otherwise noted.

Acquisition and Logistics Reform Week 2000 great success

Capt. Signe Vaughan

Systems Acquisition Directorate

SMC's Acquisition and Logistics Reform Week 2000 was the most extensive and most focused effort in the Air Force. Superb efforts from across the SMC community and Industry partners set the stage for high-quality training focused on "Partnering for Mission Assurance at Reduced Total Ownership Cost!" SMC personnel generated the majority of the 90 workshops held through the week. Industry led or co-led 10 of the workshops, and other Government organizations led 10 more. Workshops were grouped by subject area and identified by

levels to better enable trainees to select the best mix of sessions to attend. The levels spanned from introductory to advanced panel discussions. The Acquisition Reform Office plans to arrange for repeat sessions of the top-rated workshops through the coming months.

The Organizational Committee surveyed SMC and Industry needs to identify workshop topics. The Committee introduced an on-line registration system that allowed each person at SMC to instantly register for workshops and generate their unique schedule/attendance forms. These forms ensured student training records would properly reflect attendance and helped verify that training requirements were met. The automated

registration approach identified the most sought after workshops so that additional sessions could be scheduled before the week began.

As always, the VIP Day was the crowning achievement of the week. Mrs. Darleen Druyun, Principal Deputy Assistant Secretary of the Air Force for Acquisition and Management and Brig. Gen. Robert Mansfield, Director of Supply, Deputy Chief of Staff, Installations and Logistics, headlined the day. Each spoke and answered questions in front of a capacity crowd in The Club Ballroom on Thursday morning. They then joined other Government and Industry leaders in a highly acclaimed "Executive Panel" that addressed key issues of Mis-

sion Assurance, Total System Performance Responsibility and Reducing Total Ownership Costs.

The consistent thread through each topic was the critical need for continued partnering across the spectrum of acquisition activities. The National Defense Industrial Association made a special contribution to the day by sponsoring an executive breakfast held prior to the speeches.

Preliminary feedback results show workshops were well attended and most received high ratings. Real success, however, will be in the improvements that are introduced into SMC programs as a result of the training. These improvements should bolster Partnering for Mission Assurance at Reduced Total Ownership Cost.

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Two successes in one week ...



The Titan IV, above, lifts off May 8 from Cape Canaveral Air Force Station carrying the B-29 Defense Support Program satellite. Seven hours after liftoff, the spacecraft successfully separated from the IUS and was deployed into a 22,000-mile geosynchronous orbit. Safely ripping through the sky and successfully placing its payload into orbit, this Delta II, right, launched from Cape Canaveral Air Force Station May 10. It carried the GPS IIR-4 to an 11,000-mile geosynchronous transfer orbit. The GPS IIR-4 will fill a void created by a recent loss of the constellation's inaugural satellite.



Blotter: Medical emergencies top responses

The following information is covers Los Angeles AFB police activity for the past two weeks. It's provided by the 61st Security Forces Squadron.

Medical emergency

A civilian contractor sustained severe injuries including third degree burns while he was working near a transformer located in the Area A Mall. Security forces and El Segundo City Fire Department personnel responded. The individual was transported to the Robert F. Kennedy Memorial Hospital where he was listed in critical condition.

Security forces and Los Angeles City Fire Department personnel responded to a report of a wife of an Air Force member at Fort MacArthur experiencing shortness of breath and chest pains. She was treated at the scene and then transported to the UCLA Harbor Medical Center for further treatment.

Shoplifting

Base Exchange personnel detained the wife of a retired Army member and an ROTC Cadet for shop-lifting. Security forces and El Segundo City Police responded.

Security forces personnel issued both individuals Suspension-of-Base-Exchange-and-Commissary-Privileges letters. El Segundo City Police cited both individuals for petty theft and released them.

Trespassing

An unidentified individual reported they had observed a male juvenile climb over the west perimeter fence at 32nd Street on Fort MacArthur. Security forces personnel responded and detained the son of an Air Force member for unlawful trespass. The son was later released to his parents.

Failure to control pet

The wife of an Air Force member reported two stray rottweiler dogs running loose in the Fort MacArthur Housing Area. Security forces personnel responded and attempted to locate the two dogs. The wife of another Air Force member reported two rottweiler dogs in her backyard at her Fort MacArthur residence.

Security forces personnel contained the two dogs in the backyard. The owner of the two dogs, an Air Force member, was unable to be contacted. The dogs were released to the Los Angeles City Animal Control until the owner could be contacted.

Impersonating a postal employee

The Entry Controller at the Pacific Crest Gate detained an individual for impersonating a U. S. postal employee and attempting to gain access onto the installation. Investigation revealed the individual was employed as a process server and was attempting to serve a subpoena to an individual who was no longer assigned to the installation.

A new university right here at SMC

Paula Bryant

Procurement Analyst

Are you new to the Space and Missile Systems Center or to the Acquisition career field? Are there acquisition processes you're interested in, but don't perform frequently? Do you need the most up-to-date information on new acquisition methods and procedures? Have you ever needed to research acquisition information and procedures quickly and didn't know quite where to start? Then the PK Acquisition University is for you.

Patricia Kirk-McAlpine, Director of Contracting, held a ribbon-cutting ceremony and open house May 9 to celebrate the activation of SMC/PK's Acquisition University. This university is designed to provide training to contracting and acquisition professionals through implementation of specialized in-house training and online links to SMC-specific information resources. PK Acquisition University was developed to provide training for people who are new to the contracting career field or to SMC/PK, and provide refresher training for incumbent acquisition personnel. The PK Acquisition University has activated its web page, and university courses are open to all SMC acquisition personnel.

The University's Chancellor is Col. David J. Murphy, Jr., PhD, deputy director of Contracting, who holds a doctorate in Business Administration. The University is comprised of three divisions. Each division has been assigned a dean with the primary responsibility of managing the day-to-day issues associated with the management and scheduling of course offerings. The Dean of the Contracting Orientation and Procedures School is Ms Paula Bryant, SMC/PKXC; the Dean of the College of Pricing is Wilbert Woo, SMC/PKXF; and the Dean of the **PCO Prep Academy** is Capt. James Smith, SMC/ADK. The University will have a cadre of instructors available who possess expert knowledge and practical experience. The instructors will include personnel from the Directorate of Contracting, Small Business, Staff Judge Advocate, Acquisition Support Team, Defense Contract Audit Agency, Defense Contract Management Agency and visiting instructors.

The University will have an online catalog of available courses. Training courses will be in a "how-to" format and designed to supplement the Defense Acquisition University. Courses will be offered by several different methods: Online, Just-in-Time, and Scheduled. Credits toward Continuing Acquisition Education and Training will be given for completion of Just-in-Time and Scheduled courses offered by the university. All courses will be available online and may be downloaded from the web site. JIT courses will be scheduled as requested. Scheduled courses will have predetermined course dates and will be offered at regular intervals. The first scheduled formal courses to be offered are:

June 15—9-10 a.m.

IIntroduction to Pricing (College of Pricing), Bldg. 110, Rm. 1332 **July 12—9-11 a.m.**

Source Selection: Lessons Learned Plus (Contracting Orientation & Procedures), Bldg. 110, Room 1332

July 22—9-10 a.m.

Source Selection Process, Part I: ASP to Proposal Receipt, (PCO Prep Academy), Bldg. 110, Rm.1332

Aug. 10—9-10 a.m.

Anti-Deficiency Act (ADA), (Contracting Orientation & Procedures), Bldg. 110, Rm. 1332

For more information or to register for courses, contact Paul Bryant via email <u>Paula.Bryant@losangeles.af.mil</u> or by phone at 363-6598.

Leading L.A.

Staff Sergeant Richard Mesa



is the Assistant Noncommissioned Officer in Charge of Outbound Assignments, 61st Mission Support Squadron.

He prepares military personnel for reassignment, conducts counseling on various assignment actions and updates the personnel data system while ensuring the eligibility of all officer and enlisted assignment notifications.

"My job impacts the mission significantly. The timely preparation and reporting of troop movement ensures no missed missions," said Mesa.

The California native is working on degrees in liberal arts and computer sciences. "My goal is to complete both degrees," said Mesa.

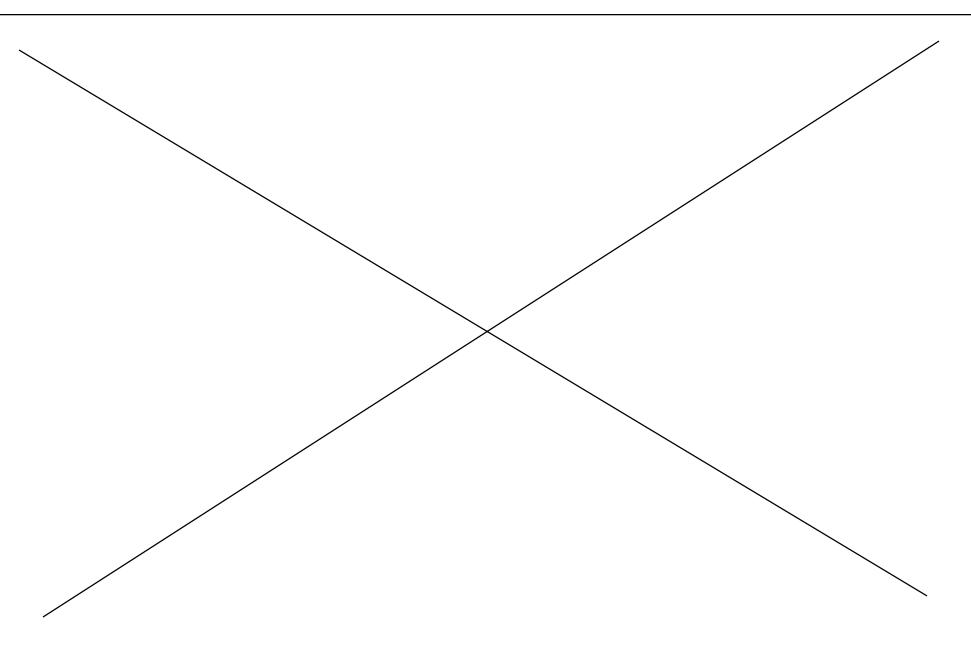
He has been in the Air Force for more than seven years. Mesa does volunteer work for the Los Angeles Pug Rescue, Pasadena, California. He enjoys car stereo installation, creating and recording music and spending time with his wife and dog.

The Air Force has an online newspaper available at the touch of the finger. Check it out at www.af.mil/newspaper

Congratulations

The following first lieutenants were recently selected for promotion to captain: 61st Air Base Group; Michael Bruhn, Robert Russo, Craig Thomas, Wendell Wilson and Kimberly Young, Advanced Systems Directorate; Ronald Blome, Daniel Lamar, Matthew Malquin and Angela Spaith, Directorate of Systems Acquisition; Christopher Schweighardt, Satellite and Launch Control SPO; Juan Bermudez, William Bridgemohan, Thomas Brown, Michelle Brunswick, Cheryl Burgess, Martine Detro, Todd Eilers, Angel Gaud, Johnny Harris, Mark Kilgore and Evelyn Ligon, Defense Meteorological SPO; Alexander Basco, Christian Elenbaum, John Englert, Toby Peek, Brian Pendergast, Devere Ranger and Pierre Smit, Launch Programs Directorate; Brian Aichang, Jeffrey Bogar, Jason Eisenreich, Julie Freedman, Timothy Garmoe, Josef Kardos, Charles McInnis, Tina Nguyen, Brent Shepherd, Michael Taraborelli and Jonathan Whitney, NAVSTAR GPS JPO; Stephanie Addison, Devin Bloss, Joseph Causey, Julie Elenbaum, Bradford Holtmeier, Christopher Jordan, Donald Leary II, Brett Andrew Markle, William Rogers, Richard

Saxon II, David Scharfbillig, Andrew Watson, Paul Hamilton, C.H. Schweighardt and Kaysi Rehborn, Detachment 9; Edgar Arguello, Dawn Brudos, Christopher Burner, Kitchen Harding and Nichole Rider, Comptroller's Office; Michael Prater, Intelligence Office; Douglas Everson, George Peasant and Luis Santiago, Staff Judge Advocate's Office; Michael Carrasco and Damund Williams, MILSATCOM JPO; John Andrews, Joseph Bader, Daryl Balcom, Ivan Brown, Gregory Ellingson, Jr., Erin Garcia, James Jeter III, Jason Lamb, James Lee, Matthew Malouin and Edward Peters, Space Based Infrared SPO; Boris Gershman, Russell Hoss and Robert Oakes III, EELV Program Office; Kristi Bateman, John Collin, Katrina Johnson and Jason Rafferty, NPOESS; Timothy Bode and John Toliver, Public Affairs; Tonya Summerall, Contracting; Nehemiah G. Jackson, Test and Evaluation Directorate; James Hartmetz, Dean Huber, Matthew Lewin, Christopher Morris, Harland Peelle, Kevin Sitler and Dale White, Airborne Laser Program Directorate; Travis Coleman; Directorate of Plans and Programs—Jeremy Kelley; Developmental Planning; Jawad Farooq, Keith Fisher, Kalliroi Lagonik, Tara McLaren and Melissa Wright.



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Sick call goes 'appointment only'

Tim Dougherty **Public Affairs**

Seeing a doctor has never been more convenient. Effective June 12 the 61st Medical Squadron is providing active duty members the opportunity to call in and schedule a same-day appointment for sick call. No more waiting in the lobby while sick or wasting valuable time away from your place of duty.

"Several factors have made it necessary to change to a call-in system from the old system of walking in and waiting. This should make it much easier on member's schedules, plus they can either stay at their office or stay in bed resting instead of sitting in a waiting room with other sick people," said Capt. Jami Reaves, the Director of Group Practice Management at the 61st Medical Squad-

The phone line will open at 6:45 a.m., which is 15 minutes earlier than the walk-in system. First appointments will be at the main clinic at 7:30 a.m. The patient is required to check in 15 minutes prior to the scheduled appointment time to take vital signs and enter information into medical records.

"One of the keys of making this system work will be to ensure the patient notifies his or her supervisor of the appointment time. Supervisors will then be able to determine if the patient should come in to work before the appointment, or if they should stay home," said Tech. Sgt. John Downs who works on the appointment desk. "In the past, coming to sick call could take hours longer than necessary. The phone-in system should solve this problem."

The primary reason for switching to a phone-in system is to make it is more convenient for active duty members. However, the system was created because of a need to better utilize a fewer number of primary care

"Three of our doctors have been selected for a residency program. With fewer available appointments, we need to try to provide the same level of service," Reaves



Technical Sergeant John Downs, right, schedules an appointment in the computer while Senior Airman Rodrigo Mendez assists.

The schedulers will also spend more time on the phone consulting with the patient to determine if they absolutely need to be seen the same day, or if they could simply get themselves an appointment at a later time.

"We're trying to shift away from walk-ins and be more proactive in scheduling our doctors. Our boss, Lieutenant Colonel Cindy Davis (Medical Operations Flight Commander), briefed the new process at a commander's call last week and the change was well accepted. We think this system will ultimately be much more convenient and easier on patients, which is the bottom line,"

Thrift Savings Plan open season ends July 31

RANDOLPH AIR FORCE BASE, Texas (AFPC) -The Thrift Savings Plan Open Season runs through July

TSP is a federal civilian employee voluntary retirement savings and investment plan with three funds available to the employee; G - Government Securities Index Investment Fund, F - Bond Index Fund and the C - Common Stocks Index Fund. Participants can choose to invest in any combination of the three funds.

"Two main features of TSP are before-tax savings and tax-deferred earnings," explained Christine Watkins, employee relations specialist, Civilian Personnel Operations at AFPC. "This means the contributions made to TSP come out of the participant's pay before taxes and the earnings are not taxed until the money is received."

Other benefits of the TSP program include a choice of investment options, interfund transfers, loans from the employee's own contributions and earnings, in-service withdrawals and portable benefits if the individual leaves federal service.

"Contribution limits set by the Federal Retirement Thrift Investment Board are based upon an employee's retirement system," explained Watkins. "Employees covered by the Federal Employees' Retirement System can contribute up to 10 percent of their basic pay each pay period and the government will provide matching funds up to 4 percent. In addition, the government will contribute an automatic 1 percent of an individual's basic pay to their account each pay period whether they contribute or not. This brings the maximum government contribution to 5 percent.

"Employees covered by the Civil Service Retirement System can contribute up to 5 percent of basic pay each pay period, but do not receive any agency contributions."

Additional information on TSP funds can be found in the Summary of the Thrift Savings Plan for Federal Employees. A copy of this booklet and other TSP information can be accessed through the TSP homepage at http://www.tsp.gov or the Benefits and Entitlements Service Team at http://www.afpc.randolph.af.mil/dpc/BEST/

Employees whose base is serviced by the Air Force Personnel Center will make their TSP election or change through the BEST-automated system by phone or web no later than July 31. Employees can access the web automated system at http://www.afpc.randolph.af.mil/ dpc/BEST_GRB/EBIS.htm. Employees can access the telephone automated system or a benefits counselor by calling 1-800-997-2378.

Air Force announces changes to fitness test

Leigh Anne Redovian

Air Force Surgeon General Public Affairs

BOLLING AIR FORCE BASE, D.C. (AFPN)

- Beginning in July, the Air Force's annual cycle ergometry test will be expanded to include muscular fitness assessments using push-ups and crunches for all Air Force members. Pass/fail standards will not be decided until January 2002, giving Air Force leadership sufficient opportunity to evaluate the expanded program's effectiveness.

"The Air Force is committed to enhancing the health, well being, and performance of every member," said Air Force Chief of Staff Gen. Michael E. Ryan. "Total physical fitness includes cardiovascular capacity, muscular strength and endurance, flexibility and body composition."

Requirements for crunches are the same for men and women depending on their age. Push-up requirements are different for men and women — in number of push-ups completed only — and are also structured according to age. Both men and women will be required to do full "normal military pushups." Changes to the program will not impact unit testing schedules already in place.

According to Ryan, the changes are vitally important in assessing force enhancement and to ensure compliance with DOD instructions. "Physical fitness remains an essential component of combat readiness and expeditionary competence," Ryan said. "We will continue to research methods to improve the health and performance of the Force."

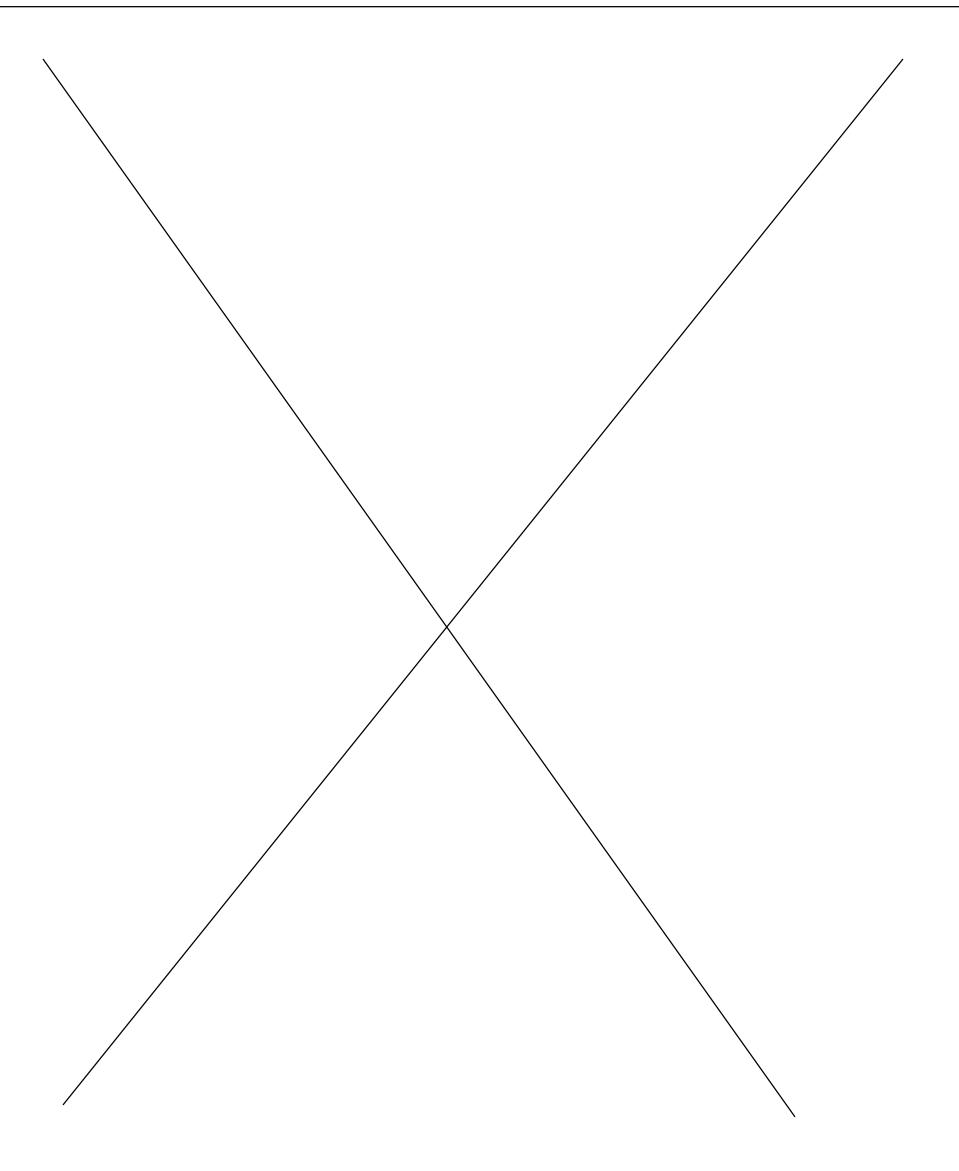
All members will be receiving a practice evaluation by June 30, 2001. The Health and Wellness Center staff on every installation will provide local information and training.

Crunches (male and female)

Number in two minutes (arms across chest)

Age	Number in two minutes (arms across chest)	
<24	53	
25-29	50	
30-34	42	
35-39	38	
40-44	32	
45-49	30	
50-54	28	
55-59	27	
Push-ups (female)		
Age	Number of FULL pushups in two minutes	
<u>Age</u> <24	19	
25-29	17	
30-34	15	
35-39	13	
40-44	12	
45-49	10	
50-54	9	
55-59	8	
Push-ups (male)		
Age	Number of FULL pushups in two minutes	
<24	42	
25-29	40	
30-34	36	
35-39	34	
40-44	30	
45-49	25	
50-54	20	
55-59	18	

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June 2, 2000 **Destinations** Astro News

Newbury Park offers trip back in time



The original Grand Union Hotel (Stagecoach Inn) opened July 4, 1876, but burned to the ground in 1970. It was restored and re-opened in 1976, 100 years after it originally opened.



The Chumash Hut is representative of what native-Americans would have used in the past.



The 200-year-old Adobe House is similar to homes occupied by Mexican settlers in early California.



The pioneer, or Newbury, House is a replica of a home built in 1874 by Egbert Starr Newbury. It is 100 years old.

Peggy Hodge Public Affairs

Tucked away in the rolling hills of the beautiful Conejo Valley is a microcosm of California history representing the native peoples, the Spanish colonial period and early pioneers. It is the Stagecoach Inn Museum—a historic southern California site.

The original Stagecoach Inn, called the Grand Union Hotel, was built in 1876. For ninety years, the hotel—built with northern California redwood—withstood earthquakes, storms, droughts, land booms, depressions, bulldozers and fire. It currently sits in Newbury Park close to its original site and serves as the nucleus of the Stagecoach Inn Museum Complex. And while the hotel is a rebuilt structure, it is a nationally registered authentic restoration and a California landmark.

In addition to the Stagecoach Inn, the five-acre museum complex houses an adobe, a pioneer cabin, a blacksmith's shop, a carriage house, a nature trail . . . and a resident ghost.

The Stagecoach Inn is a perfect setting for all of the activities that recall life in the 19th Century. The Pioneer Jamboree—a celebration of crafts, music, dancing and storytelling of early days is June 10. Its hours of operation are Wednesdays through Sundays from 1 to 4 p.m. for docent-led tours.

To visit the Stagecoach Inn Museum Complex, take Interstate 405 North to Highway 101 (Ventura Freeway) to Ventu Park Road exit. Go South on Ventu Park Road for one half mile. The Museum Complex is immediately on your right. From El Segundo, it's only an hour's drive.

Sports Shorts

Fitness Challenge of the Month

The Fitness Challenge of the Month for June is: Stair Stepper.

Air Force Form 303 Due Dates

GOLF: June 20. Trial Camp is at the Air Force Academy Aug. 4 to 10.

MEN'S SOFTBALL: June 17. Trial Camp is at Eglin AFB, FL Aug. 2 to 20.

WOMEN'S SOFTBALL: June 17. Trial Camp is at Eglin AFB, FL, Aug. 2 to 20.

WOMEN'S SOCCER: July 7. Trial Camp is at Travis AFB, CA Aug. 21 to Sept. 8.

MEN'S SOCCER (M): Aug. 11. Trial Camp is at Wright Patterson AFB, OH Sept. 25 to Oc. 13.

RUGBY: Aug. 24. No trial camp. Armed Forces Championship is at NAS Pensacola, FL Oct. 8 to 15.

Personal Trainers Available

The fitness center offers one-on-one free individualized fitness programming. We have certified personal trainers that offer the following services: Fitness assessments, personal fitness planning, fitness goal setting, programs to lower cholesterol, strength training, cardio-vascular training, proper use of equipment and proper lifting techniques. Individual appointments can be made by calling 363-6815 or you can ask at the front desk for a trainer during work-outs.

Run for fun...



Photo by Shaad Madiso

Several hundred Los Angeles Air Force Base personnel participated in a recent CGOA sponsored 5K and 10 K annual charity run which benefits Camp Ronald McDonald for Good Times. Participants started the May 21 run at Fort MacArthur and the several thousand dollars of proceeds will enable children with cancer to go to camp.

6 1/2 inch tall ad

Gate 5 to re-open

The Douglas Street Gate located in Area B will reopen today at 6 p.m.

Clinic Closure

The Fort MacArthur Medical Clinic will be closed from 7 a.m. to 3 p.m. Friday for military training activities. The clinic will open at 3 p.m. Medical services will be available at the El Segundo Clinic while Fort MacArthur clinic is closed.

Soccer signups

Registration for the fall 2000 season of the San Pedro American Youth Soccer Organization will be held tomorrow from 9 a.m.-3 p.m. Additional registration times are Tuesday, Wednesday and Thursday from 6-9 p.m. Registration will be held at the World Port Business Center, 1891 N. Gaffey Street, San Pedro, California. For more information and registration fees, call 514-2008, mail box 2. Proof of date required for all non-returning players.

Golf Tournament.

The 20th Annual SMC Contracting Golf Tournament will be Monday at the Los Alamitos Navy Golf Course.

The tournament format will be best ball and team scramble. Fees are \$40 for E-5/GS 7 and below, \$45 for E-6 - O2 / GS 8 - GS 11, \$50 for O3/GS 12 and above and \$65 for civilian guests. Entry fee includes green fee, cart, dinner and prizes. The tournament is scheduled for noon to 12:45 p.m. Registration, 1 p.m. Shotgun Start, 6 to 7 p.m. dinner and awards ceremony. No handicap required to play. You may sign up as an individual without teammates or a team (up to four players). Register early as the tournament fills up quickly. To sign up or get more information, contact Judy Parnock at 363-4214 or Brian Reiver at 363-6819.

Self-help extends hours

The Fort MacArthur Self-Help store has extended its hours. Now the store is open from 10 a.m. to 6 p.m. Tuesdays and Thursdays. These hours will be in effect throughout the summer. For more information, call Andy Craddock at 363-8310.

AFA salute banquet date change

The Air Force Association Gen. Bernard Schriever Los Angeles Chapter 147 Salute Banquet 2000 has been rescheduled to August 25 at the LAX Marriott Hotel.

Chapel Schedule

Roman Catholic

Saturday: Sacrament of Reconciliation at 3:45 p.m., Mass at 4:30 p.m.

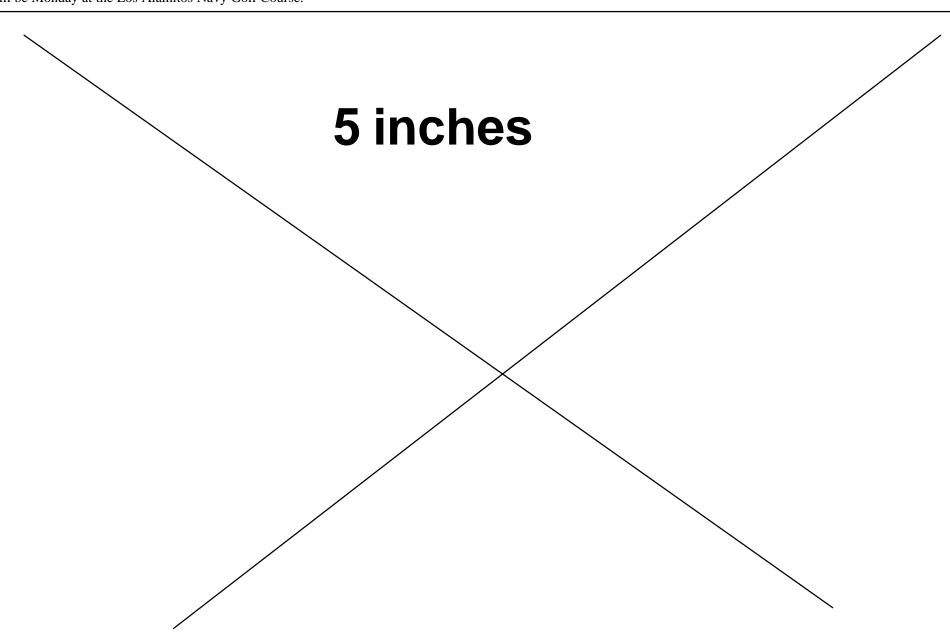
Sunday: Mass at 9 a.m., CCD in Building 37 at 10:30 a.m.

Protestant

Sunday: Sunday School at 9 a.m., Building 37; General Protestant worship at 10:30 a.m.

All the above services are at the Fort MacArthur Chapel. Call the Chaplain Service division office at 363-1956 or visit http://www.laafb.af.mil/abg/hc/chaplain.htm for more information.





Brush those teeth...



Maj. Guy Delgadillo, 61st Medical Squadron dentist, explains the importance of proper dental care to an attendee of the Health and Wellness Center's health fair at Fort MacArthur May 20. The two-

day event was held to emphasize the importance of proper health care.

Fundraising at Summer Bash

Sign up now to have a fund raising booth at this year's Summer Bash held July 4 at Fort MacArthur. The registration process has changed so call Kathleen Thelen at 363-0305 for more information.

The Club 363-2230

The Club will hold a barbecue every Thursday this summer in the Area A Mall. Food is served between 11 a.m. and 1 p.m. Items are priced a la carte and may include ribs, chicken, hamburgers, hot links, potato salad, corn cobbetts, baked beans, coleslaw and fresh fruit.

The Club will host a Summer Splash Membership Party June 20 from 4 to 7 p.m. The free event offers food and door prizes and is open to Preferred Plus! members only.

Every Friday the bar is open at 4 p.m. The DJ starts playing at 5 p.m. Free snacks are available to club members

Vet Clinic 363-8269

The Vet will be opened Friday and June 23. The Vet Clinic accepts VISA and MasterCard.Appointments may be made by calling 363-8269. Messages may be left on the answering machine when the clinic is closed.

Youth Services 363-8383

The L.A. Experience Summer Camp, June 26 to September 1, is for children between the ages of 5 and 12 years. Kidz Korner Youth Center offers kid-friendly activities throughout the summer break. Activities include field trips, swimming, unsurpassed art creations, cooking projects, community service projects, hiking, and sports events. Camp is a full-day care program, and fees are based on the annual income of both parents. Register is open now.

Youth services needs volunteers to work on the 4th

of July parade float today at 4 p.m.

Los Angeles AFB Family Member Support Flight is participating in Project 2000. Project 2000 is a collection of donated food and clothing items that will be donated to the community and to the homeless. The drop-off points are both Child Development Centers, the Community Center and the Youth Center.

Children 12 or older may attend the TV taping of "Hang Time" on Thursday. The bus departs the Youth Center at 2:15 p.m. and returns at approximately 8:30 p.m. This trip has limited seating so register by Saturday. The trip will include dinner after the taping so please bring money for your meal.

Check out rail riding and new skater moves at the Teen Center. The demonstration, presented by "Soaps," is Friday at 3:30 p.m. All ages are invited to attend this free event

Youth Activity members between 5 and 12 can learn Karate. Free karate classes are held every Tuesday from 5 to 6 p.m. on the upper floor of the Youth Activities Center.

Give Parents a Break - If you are 5 to 12 years old, don't miss out on the fun you could be having from 1 to 6 p.m., June 17. The program is free for family members of active duty military. Contact your commander, first shirt, Family Support Center or chaplain for the criteria. Registration is requested by June 15.

Join Hands Day - Youth Services will join hands with the city of San Pedro to work at the San Pedro Volunteer Center, June 17. The goal is to bring youth and adults together to provide service and to foster camaraderie between the base and the city.

Parent's Night Out will be June 30 from 7 to 12 p.m. City Guys TV Taping, will be June 16 in Hollywood. Depart Dana Middle school at 3 p.m. and return at 8:30 p.m. after a trip to McDonalds. Participants must be at least 12 years old and in junior high school to attend. The trip is free, but bring money for dinner.

Roller Hockey - Time to sign up for the fast-paced sport of roller hockey. Registration closes June 15 and is for youth ages 6 to 12 years old. Attend an information meeting for parents and players 7 p.m., June 19 at the Community Center. The cost is \$25 for youth center members and \$35 for nonmembers.

Child Development Center 363-8335

El Segundo

A Father's Day Breakfast will be Friday at 8 a.m. Reservations due today.

Family Fun Day - All parents are invited to the Family Fun Day Picnic on June 30 from 10:30 a.m. to 12:30 p.m. Fun activities are planned including lunch. The event is free, but reservations are due by June 23.

Fort Mac

National Children's Day Carnival is from 10 a.m. to noon, June 13, with lunch served at 11 a.m. Register in your child's room by June 12.

Fathers are invited to a special night out with their children at the Fort Mac CDC, June 16 from 6 to 7 p.m. Dinner will be served. Fathers and children will do a special craft together. Sign up by June 14.

The Fort MacArthur CDC has immediate openings for ages 12 to 24 months. If you would like more information, contact Nancy at 363-8335.

The Community Center 363-8225

The next "Price is Right" trip departs at 9:30 a.m., Thursday, from the Community Center and returns by 5 p.m. The sign-up deadline is Tuesday. The trip costs \$6 per person and is due at time of reservations. Remember to bring two forms of identification or you will not be admitted to the show.

A piano recital will be from 2 to 5 p.m., June 11, at the Community Center. The recital is free and is open to the base community. A reception follows the recital.

The Community Center is offering CPR Training from 6 to 10 p.m, June 12 and 14. The class is \$5. Participants must attend both nights to receive their CPR card. This training is open to all identification cardholders ages 14 and over.

A trip to see a taping of the Jaime Foxx Show will be June 20. The trip departs the Community Center at 3 p.m. and returns at 9 p.m. The cost is \$2 per person and registration deadline is June 16.

The Community Center takes a trip to the Dodger's game June 17. The trip departs the Community Center at 11:30 a.m. and returns at approximately 5 p.m. The deadline to sign up is June 12. The price is \$11.

Fort Mac Hall 363-8412

The Community Center has a game night Tuesday from 7:30 to 9 p.m. in the Fort Mac Hall in Bldg. 425. The night is free and open to all identification cardholders ages 18 and over and their guests. Several board games as well as cards will be available, or bring your own.

The Community Center hosts "Mommy and Me" June 21 from 10 a.m. to 12 p.m. at Mac Hall. This session is free. Moms (and Dads too) are invited to come with their toddlers for a morning of exercise and fun.

The Community Center hosts a Pre-4th of July Dance from 9 p.m. to 1 a.m, June 30, at Mac Hall. The cost is \$3 per person and is open to all ID cardholders 18 and over and their adult guests.

Tickets & Information 363-2190

San Diego Padres tickets are now available at tickets and information.

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Outdoor Rec

Want to go camping with the family, but don't have the time? Or energy? Or equipment? Let Outdoor Recreation help out, June 23-24.

Outdoor Rec will set up the tents and take them back down when finished. Lessons on how to set up tents are also available. Sleeping bags, sleeping mats or cots, lanterns, stoves, water jugs., etc. are provided.

Dinner and breakfast will be cooked. Camping will be at the Fort MacArthur swimming pool pavilion with free swimming at 10 a.m., June 24.

The pool will be open for two hours of free swimming before the regular opening time (based on availability of lifeguards).

Swimming Pool

Fort MacArthur swimming pool is open. Hours of operations: 12 to 8 p.m., Thursday to Tuesday.

RV Storage

For your convenience, Los Angeles AFB offers four RV storage facilities. They are located next to Bldg. 219 and 215 in Area B, next to the FamCamp in Lawndale

and one at Fort MacArthur*. Storage fees are \$30 per month for RVs over 23 feet and \$20 per month for RVs under 23 feet long.

*The RV storage located at Fort MacArthur is open to active duty military personnel residing in LAAFB military housing.

FamCamp

Los Angeles Air Force Base operates a Family Campground, or Famcamp. We have 15 hardstand units with hookups for water and electricity.

It is open year round and advanced reservations are accepted. The camp is located two miles south of LAAFB in Lawndale.

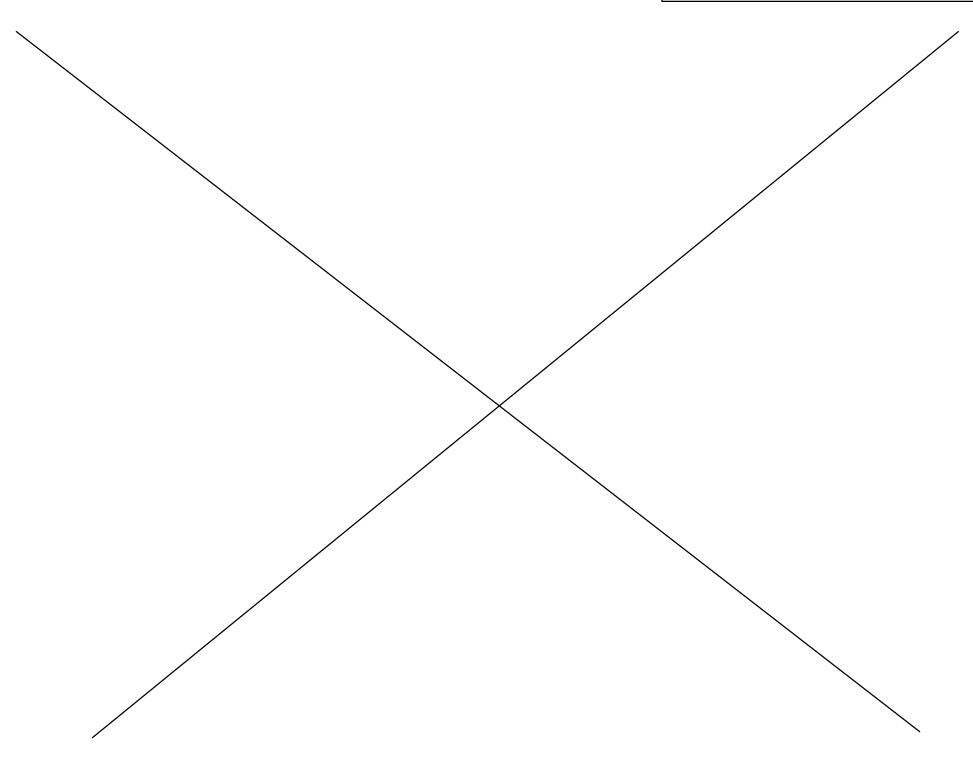
It is located on Aviation Blvd, between Marine and Rosecrans. The fee is \$8 per day. Outdoor Recreation handles the reservations, so call 363-2081.

Auto Skills Center 363-1705

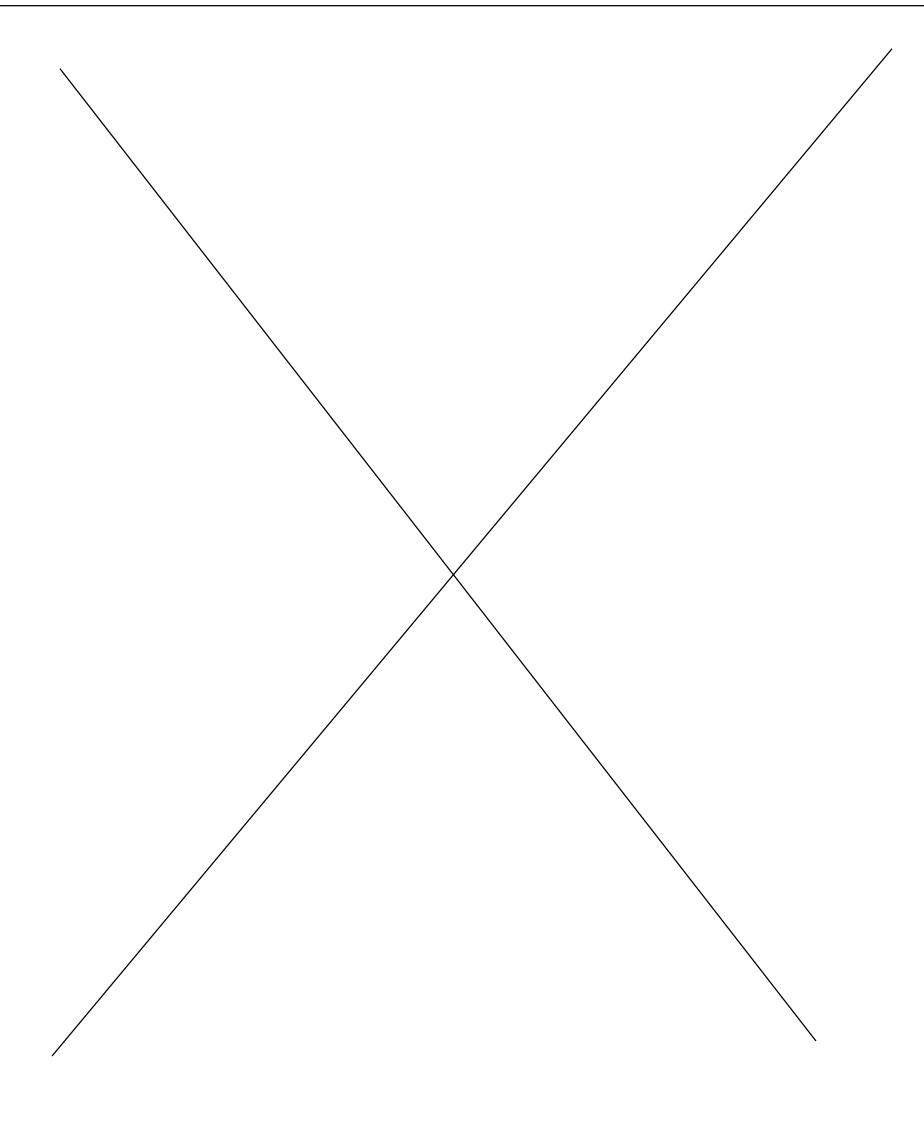
June Monthly Special: Lube and Oil Change Special is \$18.50: Drain oil, add new oil up to 5 quarts for most cars and change oil filter.



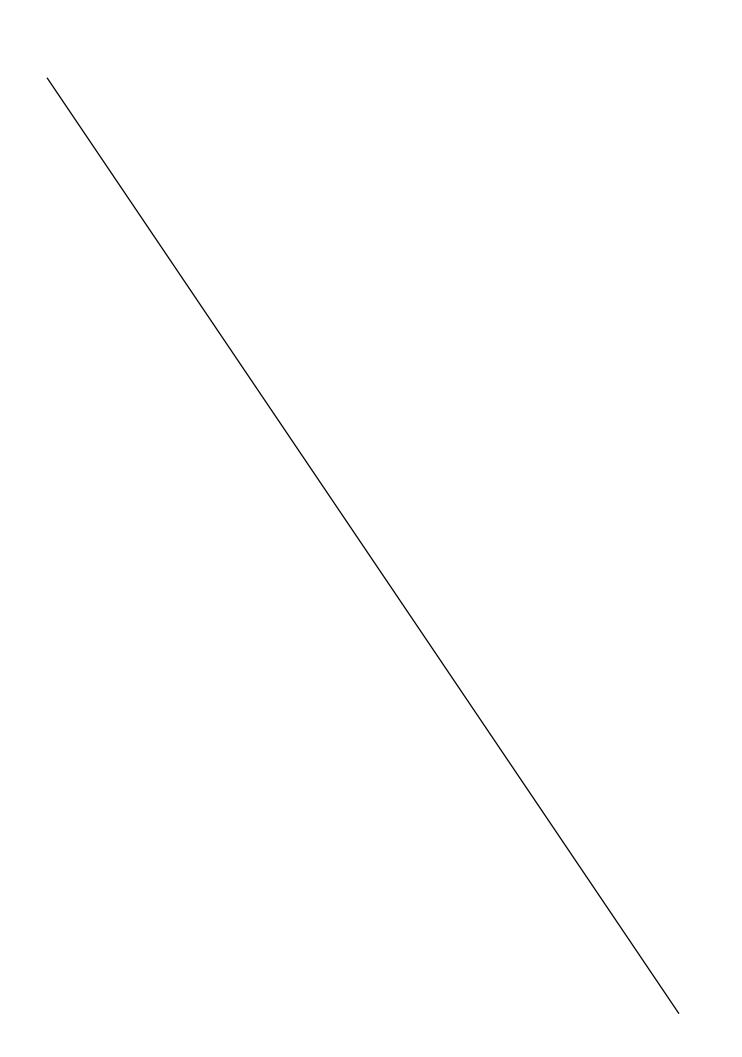
Susan Balmanno, top left, principal at Point Fermin elementary School and her students receive Campbell Soup "Labels for Education" from Al Cherry, Commissary Officer, Los Angeles Air Force Base. Point Fermin will redeem the labels for various educational materials.



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